Solution Kit Instructions

► Print and cut the Solution Kit pictures or save to your phone/device photos. You can make the cards sturdy by laminating, gluing the cards to cardboard, or covering them with clear contact paper.
► Read the *We Can Be Problem Solvers at Home!* story with your child to teach the problem solving steps.
► Introduce the Solution Kit with a few solutions at a time.
► Place the solutions in a place where your child will see and use them (e.g., hanging on the wall, saved to a tablet).
► Remind children to use the Solution Kit when solving problems at home.
► Offer lots of encouragement when your child tries to use the Solution Kit.
► Comment positively when your child uses the Solution Kit (e.g., “Look at you. You are using the Solution Kit to solve your problem”).

Use kind words
Wait and take turns
Get a timer
Ask for a hug
Take a break
Wait and take turns

Get a timer

Share

Say, “Will you play with me?”

Say, “Please, stop.”

Ask for help

Ask for a hug

Use kind words

Take a break
Wait and take turns

Say, “Will you play with me?”
Get a timer

Say, “Please, stop.”
Ask for a hug

Use kind words