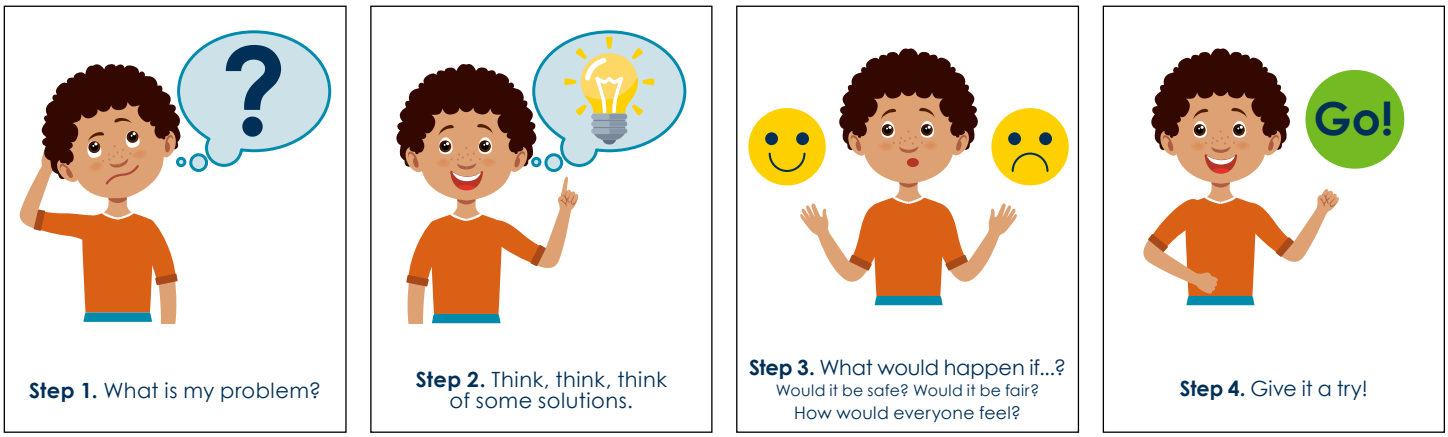
Problem Solving Steps
(Spanish)



Step 1. What is my problem?

Step 2. Think, think, think of some solutions.

Step 3. What would happen if...? Would it be safe? Would it be fair? How would everyone feel?

Step 4. Give it a try!

Teaching the Problem Solving Steps

When faced with conflict many young children have difficultly coming up with rational solutions. They act out in anger or with frustration for lack of a more appropriate way to deal with the situation. Children need to be specifically taught the problem solving steps, to be able to think of multiple alternative solutions, and to understand that solutions have consequences. Teachers might use the Problem Solving Boy or Girl and The Solution Kit Cards.

Solution Kit
https://challengingbehavior.cbcs.usf.edu/docs/SocialEmotionalSkills_solution-kit.pdf

Teach steps by:

- Using role play during Circle Time
- Using puppets
- Keeping visuals of problem solving steps posted around the room
- Providing access to solution kits around the room
- Intentionally planning "problems" to help children practice solving all kinds of problems

National Center for Pyramid Model Innovations | ChallengingBehavior.org

The reproduction of this document is encouraged. Permission to copy is not required. If modified or used in another format, please cite original source. This is a product of the National Center for Pyramid Model Innovations and was made possible by Cooperative Agreement #H326B170003 which is funded by the U.S. Department of Education, Office of Special Education Programs. However, those contents do not necessarily represent the policy of the Department of Education, and you should not assume endorsement by the Federal Government.

Pub: 02/06/20

Pasos para resolver problemas

Paso 1. ¿Cuál es mi problema?

Paso 2. Piensa, piensa, piensa en algunas soluciones.

Paso 3. ¿Qué pasaría?
¿Sería seguro? ¿Sería justo?
¿Cómo se sentirían todos?

Paso 4. ¡Pruébalo!

Pasos para resolver problemas

Paso 1. ¿Cuál es mi problema?

Paso 2. Piensa, piensa, piensa en algunas soluciones.

Paso 3. ¿Qué pasaría?
¿Sería seguro? ¿Sería justo?
¿Cómo se sentirían todos?

Paso 4. ¡Pruébalo!