Recent studies have shown that Practice-Based Coaching (PBC), when used with fidelity, is associated with desired changes in practitioners’ use of Pyramid Model practices. The evidence indicates that change in practitioner practice is related to positive changes in children’s social skills and challenging behavior.

A summary of recent research studies using PBC and the Pyramid Model

**PBC is Effective when**
- Action plans are completed
- Sufficient coaching cycles occur
- There is a focus on practice implementation
- Each component is in place
  - Collaborative Relationships
  - Shared Goals and Action Planning
  - Focused Observation
  - Reflection and Feedback

**Positive Outcomes for Children**
- Growth in social and emotional skills
- Reduction in child challenging behavior
- Increases in social interactions between children

**Focus group sessions completed as part of studies evaluating PBC revealed that...**
- Coaches and practitioners viewed the process as acceptable, feasible, and beneficial
- Practitioners felt coaches were essential to their ability to implement Pyramid Model practices
- Classrooms were viewed as more positive and effective as a result of Pyramid Model implementation
- Practitioners felt they had stronger relationships with children with challenging behavior

**Create lasting results**
- Practitioners sustained their use of Pyramid Model practices a year after PBC

**PBC Results in Positive Outcomes for Teachers**
- Implementation of evidence-based teaching practices
- Changes in teaching practices
- Practitioners feel supported to try new strategies

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