Help Us Have a Good Day!

Positive Strategies for Families

Give me choices
Do you want your breakfast in the orange bowl or the green bowl?

Remind me of the rules
Remember, we keep ourselves safe, so go up the steps, down the slide.

Help me know when something is going to end/change
Five more minutes until dinner.

Catch me being good
Wow, thanks for trying something new. I hope you feel proud when you try new things!

Tell me exactly what to do
First we get into the bathtub and then we do bubbles.

Show me what is going to happen

More family resources at ChallengingBehavior.org/Implementation/Family.html

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