The part of our day (i.e., routine or activity) that I want to focus on is...

Describe the steps taken to complete this part of our day:
First: _____________________________________________________________
Next: _____________________________________________________________
Next: _____________________________________________________________
Next: _____________________________________________________________
Next: _____________________________________________________________
Finally: ____________________________________________________________

Overall, how does this part of the day feel to you:
☐ Good, but I want to make small changes ☐ I need help reworking this routine

What would you like to change about this part of the day?
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Checklist:
☐ Does the routine look the way I want it to?
☐ Is this part of the day important for me and my child?
☐ Which of my child’s basic needs are met through this routine?
  ▶ Rest
  ▶ Hygiene
  ▶ Food
  ▶ Social Interaction
☐ Does this routine feel safe for me and my child?
☐ Are there opportunities for my toddler to make choices within the routine?
☐ Is it predictable? (Do we do it the same way?)
☐ Do I feel confident in my ability to follow each step to complete this part of the day?
☐ Does my child participate in the routine in a way that supports our family’s goals?
☐ Are there opportunities for my child to learn new skills?
Caregiver Responsive Routines Planning Form

What I want my child to learn during the routine (check 1):

- To engage in back and forth interaction
- Learn how to do parts of the routine on their own
- To stay calm:
  - Transitioning to the routine
  - During the routine
  - Transitioning from the routine

Other: ________________________________________________________________

Notes: ______________________________________________________________

What this routine looks like now:

<table>
<thead>
<tr>
<th>Skill I want my child to learn</th>
<th>How I prompt/cue my child</th>
<th>How my child responds</th>
<th>How I respond to my child’s behavior</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXAMPLE: To use a sign to let me know he is finished eating.</td>
<td>I ask: “Are you all done?”</td>
<td>He throws his spoon or food on the floor.</td>
<td>I pick it up.</td>
</tr>
</tbody>
</table>

What I want this routine to look like:

<table>
<thead>
<tr>
<th>Skill I want my child to learn</th>
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</tr>
</thead>
<tbody>
<tr>
<td>EXAMPLE: To use a sign to let me know he is finished eating.</td>
<td>I will ask: Are you all done while modeling the sign. Pause to see if he imitates, and then prompt him to sign “all done.”</td>
<td>Imitate signing “all done”</td>
<td>I will take the food away. If he throws the food, I will take the food away, and prompt him to sign “all done” as I label “all done.”</td>
</tr>
</tbody>
</table>